

# CLUB RECORDS – FEMALE – as of 11/09/11

[goto male records – [click here](#)]

| Event                             | U13 Girls   | U15 Girls  | U17 Women                                    | U20 Women                           | Senior Women                                   |
|-----------------------------------|---|--|--|-------------------------------------|--|
| <b>100m</b>                       | Freya Norton 13.5 (04)  | Freya Norton 12.7 (05)                               | Abigail Barton 12.9 (2011)                   | Rosie Coles 12.85 (2011)            | Charlotte Fisher 14.0 (03)                     |
| <b>200m</b>                       | Lizzie Wessley 28.3 (04)  | Freya Norton 26.5(06)<br>Phoebe Bryant 26.5 (10)     | Phoebe Bryant 26.32 (2011)                   | Rosie Coles 26.01 (2011)            | Annabel Hicks 26.5 (05)                        |
| <b>300m</b>                       |   | Alicia Bryant 48.3 (2011)                            | Jessica Ellis 43.5 (04)                      |                                     |  |
| <b>400m</b>                       |   |  | Catherine Blew 62.3 (07)                     | Catherine Blew 59.8 (10)            | Annabel Hicks 58.4 (05)                        |
| <b>800m</b>                       | Isla Ness 2:33.5 (06)   | Holly Brown 2:20.81 (2011)                           | Catherine Blew 2:13.53 (08)                  | C Blew 2:11.02 (10)                 | N Taschimowitz 2:15.1 (10)                     |
| <b>1500m</b>                      | Greta Junker 5:04.3 (02)  | Isla Ness 4:49.04 (07)                               | Catherine Blew 4:33.23 (08)                  | C Blew 4:24.4 (11)                  | N Taschimowitz 4:16.73 (11)                    |
| <b>3000m</b>                      |   | Holly Brown 10:46.15 (2011)                          | Catherine Blew 10:34.82 (07)                 | Catherine Blew 9:28.9 (2011)        | N Taschimowitz 9:12.65 (11)                    |
| <b>5000m</b>                      |   |  |  | Rachel Heard 19:37.94 (09)          | N Taschimowitz 16:10.30(10)                    |
| <b>10,000m</b>                    |   |  |  |                                     |  |
| <b>Long Jump</b>                  | Juliet Crew 4.40 (05)   | Natasha Gowan 4.84 (04)                              | Di Greenidge 5.45 (1976)                     | Megan Toon 4.92 (2011)              | Cath Parmiter 4.97 (1997)                      |
| <b>High Jump</b>                  | Victoria Baines 1.32 (05)   | Justine Singleton 1.45 (03)<br>= Rachel Spencer (07) | Evie Grogan 1.70 (10)                        | Megan Toon 1.72 (11)                | Di Stokes 1.55 (1980)                          |
| <b>Triple Jump</b>                |   |  | Rebecca Klys 10.35 (04)                      | Becky Klys 10.82 (07)               | Becky Klys 10.28 (2011)                        |
| <b>Pole Vault</b>                 |   |  | Isla Ness 1.75 (09)                          | Becky Klys 2.15 (07)                |  |
| <b>Discus</b>                     |   | Katie Cross 34.75 (2011)                             | Emily Hunter 23.62 (06)                      | Becky Klys 28.39 (07)               | Becky Klys 27.73 (08)                          |
| <b>Javelin</b>                    | Lawrie Dawkins 28.36 (2011)   | Josie Loxton 38.41 (2011)                            | Izzy Jeffs 47.72 (08)                        | Izzy Jeffs 48.90 (09)               | Cath Parmiter 23.10 (1997)                     |
| <b>Shot</b>                       | Izzy Jeffs 8.52 (04)  | Izzy Jeffs 11.84 (06)                                | M Liddell-Grainger 9.94 (09)                 | Emily Hunter 9.43 (07)              | Pam Brice 8.95 (1977)                          |
| <b>Hammer</b>                     |   |  | Claire Knighton 28.92 (06)                   | Claire Knighton 28.98 (08)          | Claire Knighton 29.81 (2011)                   |
| <b>Sprint (70 – 100m) Hurdles</b> | Lizzie Wessley 11.4 (04)<br>70m H   | Lizzie Wessley 11.26 (06)<br>75m H                   | Justine Singleton 12.2 (04)<br>80m H         | Megan Toon 16.06 (2011)             | Michelle Golding 19.9 (03)                     |
| <b>300m Hurdles</b>               |   |  | Abby Walker 49.4 (07)                        |                                     | Cath Parmiter 17.1 (1999)                      |
| <b>400m Hurdles</b>               |   |  | Catherine Blew 69.9 (07)                     | Catherine Blew 69.1 (09)            | Charlotte Fisher 79.2 (2003)                   |
| <b>1500 S/C</b>                   |   |  | Lydia Rosling 5:33.57 (06)                   | Rachel Langbein 5:26.54 (11)        |  |
| <b>2000 S/C</b>                   |   |  | Catherine Blew 7:37.2 (07)                   | Laura James 8:00.9 (09)             |  |
| <b>Multi-Events</b>               | Lawrie Dawkins 814 (2011)<br>Quadrathlon  | Justine Singleton 2552pts (03)<br>Pentathlon         | Justine Singleton 3805pts (04)<br>Heptathlon | Megan Toon 4318(2011)<br>Heptathlon |  |
| <b>4 x 100m</b>                   | 59.0 (05) Harper/Phillips/Spencer/Crew<br>59.0 (05) Francis/Bryant/Peters/Brown | 52.0 (05)<br>Norton, Morley, Wessley, Dyer           | <b>Combined with seniors</b>                 | <b>Combined with seniors</b>        | 53.07 (2011)                                   |
| <b>4 x 400m</b>                   |   |  |  |                                     | 4:28.0 (08)<br>Taschimowitz, Lines, Klys, Ness |
| <b>Mile</b>                       |   | Alex Sheehan 6:15.3 (09)                             |  |                                     | N Taschimowitz 4:49.04 ('10)                   |
| <b>600m</b>                       |   |  | Christabel Lines 1:47.97 (07)                | Z Okuniewska 1:42.48 (07)           |  |
| <b>150m</b>                       | Lizzie Wessley 21.9 (04)  |  |  |                                     |  |

# CLUB RECORDS – MALE – as of 11/09/11

[\[go to female records – click here\]](#)

| Event                             | U13 Boys (Year 6 & 7)                      | U15 Boys (Year 8 & 9)                               | U17 Men (Year 10 & 11)   | U20 Men (Year 12 & 13)   | Senior Men   |
|-----------------------------------|--|---|--|--|--|
| <b>100m</b>                       | Elliot Scott 12.6 (2010)                   | Ronnie Wells 11.2 (2010)                            | Ronnie Wells 11.05 (2011)<br>Ronnie Wells 10.78 w (2011)                       | Louis Ubaka 11.05 w (2011)<br>11.29 (2011)                                       | Chris Meek 11.6 (1982)                                   |
| <b>200m</b>                       | Elliot Scott 25.7 (2010)                   | Ronnie Wells 23.0 (2010)                            | Ronnie Wells 22.68 (2011)<br>22.17 w (2011)                                    | Mike Harris 23.5 (05)  | Chris Meek 23.6 (1982)                                   |
| <b>400m</b>                       | Robin Danaher 68.0 (06)                    | Elliot Scott 53.8 (2011)                            | Harry Hall 52.21 (2011)  | Tom Shaw 50.7 (09)   | Richard Llewellyn-E 53.5 ('83)                           |
| <b>800m</b>                       | Dan Wilde 2:23.24 (2011)                   | James Merryfield 2:01.8 ('75)                       | Simon Cooper 2:00.6 (09)   | Charlie Maclean 1:57.97 (10)   | R Llewellyn-Eaton 1:56.2 ('83)                           |
| <b>1500m</b>                      | Dan Wilde 4:50.72 (2011)                   | Blair Brown 4:22.7 (08)                             | Blair Brown 3:58.4 (10)  | Charlie Maclean 3:56.1 (10)  | W McCullough 3:54.9 ('86)                                |
| <b>3000m</b>                      |  | Blair Brown 9:41.7 (08)                             | Blair Brown 8:46.1 (10)  | Charlie Maclean 8:28.59 (10)   | Luke Scott 8:38.49 (2011)                                |
| <b>5000m</b>                      |  |   |  | Blair Brown 15:48.5 (2011)   | Jon Gilling 15:09.8 (05)                                 |
| <b>10,000m</b>                    |  |   |  |  |  |
| <b>Long Jump</b>                  | Matthew Richardson 4.62 (07)               | Luke Webber 6.04 (06)                               | Robert Clowes 6.30 (09)  | Norbert Rosser 6.08 (1977)   | Michael Ball 5.74 (03)                                   |
| <b>High Jump</b>                  | Ashley Harper 1.47 (10)                    | Luke Webber 1.83 (06)                               | Harry Hall 1.84 (2011)   | Charlie Maclean 1.80 (09)  | Andy Parker 1.70 (1985)                                  |
| <b>Triple Jump</b>                | Robert Fielding 7.15 (03)                  | Luke Reynolds 11.85 (2011)                          | Craig Goodwin 13.07 (05)   | Henry Biss 12.18 (08)  | Kevin Davies 9.97 (03)                                   |
| <b>Pole Vault</b>                 |  | Sam Leitch 3.10 (09)                                | Sam Leitch 3.90 (2011)   | Ben Thompson 3.50 (2011)   | Rhys Llewellyn-Eaton 2.90 (10)                           |
| <b>Discus</b>                     | Owen Stephenson 11.80 (09)                 | Charlie Granville 34.58 (10)                        | Hayden Tyler 40.25 (2010)  | Richard Shadrack 40.18 ('82)   | Kevin Davies 40.40 (05)                                  |
| <b>Javelin</b>                    | Robin Danaher 44.31 (06)                   | Robin Danaher 54.67(08)                             | Robin Danaher 63.23 (10)   | Robin Danaher 57.18 (2011)   | Rhys Llewellyn-E 55.73 (11)                              |
| <b>Shot</b>                       | Mitch York 9.47 (05)                       | Hayden Tyler 13.39 (08)                             | Hayden Tyler 13.85 (10)  | Robin Danaher 12.43 (2011)   | Kevin Davies 12.50 (05)                                  |
| <b>Hammer</b>                     |  | Martin Walker 32.62 (10)                            | Hayden Tyler 35.19 (10)  | Hayden Tyler 31.32 (11)  | Kevin Davies 56.72 (05)                                  |
| <b>Sprint (75 – 110m) Hurdles</b> | Luke Webber 12.2 (04)<br>75m Hurdles       | Luke Webber 11.6 (06)<br>80m H                      | George Giles 14.6 (11) 100m H  | Henry Biss 16.7 (08)<br>110m Hurdles   |  |
| <b>Long (300/400) Hurdles</b>     |  |   | Harry Hall 56.46 (2011)  | Oliver Berry 59.7 (05)   | Gordon Faulds 68.0 (05)                                  |
| <b>Steeplechase</b>               |  | Blair Brown 4:57.7 (08)<br>1500 S/C                 | Blair Brown 4:17.46 (10)<br>1500 S/C<br>Charlie Maclean 6:16.74 (08)<br>2k S/C | Charlie Maclean 5:45.39 (10)<br>2k S/C<br>Charlie Maclean 9:22.37 (10)<br>3k S/C | Ollie Berry 6:15.28 (2011)<br>Ollie Berry 9:40.94 (2011) |
| <b>Multi-Events</b>               | Luke Reynolds 846pts (09)<br>Quadrathlon   | Luke Webber 2836pts (06)<br>Pentathlon              | Harry Hall 4745 (2011)<br>Octathlon  | Henry Biss 5261pts (08)<br>Decathlon   |  |
| <b>4 x 100m</b>                   | 54.5 (10)<br>Scott, Harper, Slipper, Chinn | 49.6 (10)<br>Wells,Reynolds,Macconell,Granville     | 47.5 (2011)  | Combined with seniors  | 48.52 (2011)   |
| <b>4 x 400m</b>                   |  | 3:57.7 (2011)<br>Scott, Macconell, Reynolds, Walton | 3:44.2 (2011)  | Combined with seniors  | 3:46.2 (09)<br>? (SWAL 1)                                |
| <b>Mile</b>                       | Dan Wilde (09) 5:42.3                      |   | Oliver Berry 5:08.6 (04)   | Ruahan Crichton 4:49.4 (04)  |  |
| <b>300m</b>                       |  | James Cleal 42.2 (03)                               |  |  |  |