

June, 2010

Further, Faster, Higher

"To be number one, you have to train like you're number two."

Maurice Greene – past 100m world record holder & five times world champion

Pictured right Phoebe Bryant (U15) powers to victory in the 100 metres.

AWESOME
Result at the
Somerset AA
Championships
Where members
of the club
accumulated an
incredible **medal**
haul of 60.



Some of you earned these whilst competing in your school colours, but the total nonetheless would have seen us top the medal table ahead of Millfield School & Yeovil Olympiads. There were 23 gold medals, 20 silvers & 17 bronze. 16 of the medals were achieved in the sprints, 17 in endurance, 5 in javelin from 8 age groups & 9 in HJ from 10 age groups, demonstrating the clubs area of strengths in these particular event groups. **Well done everyone, athletes, coaches and parents.**

SOUTH WEST LEAGUE 2

TAC finished just a couple of points off the top of the table in the April fixture & will need a full team to challenge for the lead on

Sunday 6th June at Exeter

If you have not already been contacted by your team manager & would like to compete please call the relevant person to discuss availability.

TEAM MANAGERS

U13 Girls – Charlotte Fisher
U13 Boys – Simon de Wilton
U15 Girls – Mike Rogers
U15 & U17M – Kay Hawkins
U17 & SW – Jochen Langbein
U20 & SM – Richard LE

CONTACTS

Simon – 07968 092287
Kay – 01823 661860
Mike – 07917 506561
Jochen – 01984 641366
Richard – 01823 350532
Charlotte – see below

Club Officers 2010/11

The following remain in post or have been appointed for the forthcoming year after last month's AGM.

Committee

Chairperson – Helen Stephenson
Club Secretary – Kay Hawkins
Minute Sec – Julie Singleton
Treasurer – Rob Ruffell-Hazell
Membership Secretary – Kay Hawkins
Development Officer – Charlotte Fisher
Volunteer Coordinators – Rupert & Nicola Green
Coaching Coordinator – Simon de Wilton
Seniors Reps – Keith Paul & Sharron Kington
Officials Officer – Richard Llewellyn-Eaton

Non-Committee

Social Secretary – Jane Brown
Web Manager – Jochen Langbein
Welfare Officer – Mel Green

Thank you to everyone who has stepped forward again, or for the first time. The club would not operate without much of the behind the scenes work that goes on by our volunteers.

SNIPPETTS

POWER of 10

Find out how you rank regionally and nationally in your age group at:

www.thepowerof10.info

The following Taunton AC members are currently ranked in the **top 5** in the United Kingdom.

Steeplechase

1st – Charlie Maclean (U20) – 2k
1st – Blair Brown (U17) – 1500

Javelin

2nd – Robin Danaher (U17)
3rd – Will Larkman (U13)
8th – Charlie Granville (U15)

Ranked in the top 20 are:

Ben Thompson U20 – Decathlon
Hayden Tyler U17 – Shot
Catherine Blew U20 1500m
Elspeth Grogan U17 High Jump

SPRINTS

Centre of Excellence
Coaching Workshop

Chris Millard (Level 3) Sprints
Coach and World Masters
silver medallist over 100
metres will be running a
Sprints workshop for athletes
and coaches on

Tuesday 1st June

Please note the early start
time of **6.15pm** at Castle.

The workshop is for all
interested coaches and
particularly athletes who
feature in the South West
Power of 10 rankings.

For further info contact CF

Newsletter by: Charlotte
07919 540489 or email
cfisher1@somerset.gov.uk