

FIXTURES JULY/AUGUST/SEPTEMBER

Day	Date	Fixture	Venue	Details
Friday	9 th July	English Schools Champs	Birmingham	Selection process
Saturday	10 th July	English Schools Champs	Birmingham	Selection process
Saturday	17 th July	Schools International	Glasgow	Selection process
Sunday	18 th July	Young Athlete Pentathlons	Newquay & Par	Enter by post by 10 th July
Tuesday	27th July	Exeter Open Meeting	Exeter	Enter on the night
Tuesday	27 th July	Regional BMC 800s/3k	Exeter	Enter on line by 22nd
Sunday	8 th August	South West Inter-Counties	Exeter	Selection process
Saturday	21 st August	England U15/U17 Champs	Bedford	Entry standard/on line
Sunday	22 nd August	England U15/U17 Champs	Bedford	Entry standard/on line
Saturday	28 th August	BMC Grand Prix	Cardiff	Minimum entry standard
Sunday	29th August	Dennett Trophy Open	Yeovil	Pre-entry - open
Tuesday	31st August	Exeter Open Meeting	Exeter	Enter on the night
Tuesday	31 st August	Regional BMC 1500s	Exeter	Enter on line by 26 th
Saturday	4 th September	UK Schools Games	Glasgow	Selection process
Sunday	5 th September	UK Schools Games	Glasgow	Selection process
Sunday	5th September	South West League 4	Exeter	Contact Team Managers
Saturday	18 th September	ESAA Combined Events		Selection process
Sunday	19 th September	ESAA Combined Events		Selection process

South West League Athletics

Please note that the last league fixture is on **Sunday 5th September**.

If you are away in August please contact your team manager beforehand so that we can ensure a full team for the final fixture of the season. There has been an excellent team effort in the league to date and we are keen to finish the season in style.

TEAM MANAGERS

U13 Boys - Simon de Wilton **07968 092287**
 U13 Girls - Charlotte Fisher **07919 540489**
 U15 Boys – Kay Hawkins **01823 661860**
 U15 Girls – Mike Rogers **07917 506561**
 U17 Men – Kay Hawkins – as above
 U17 Women – Jochen Langbein **01984 641366**
 U20 Men – Richard Llewellyn-Eaton **01823 350532**
 Senior Men – Richard – as above

More Good New Stories

Congratulations to **Hannah Taunton** who competing at the **National Disability Championships** earlier this month won **gold medals** in the middle distance double, 800metres and 1500 metres.

Thanks and well done to **Phil Paddick** and **Keith Paul** on completing their Assistant Athletics Coach Awards. This will be of enormous help to the club in the future.

If you are **interested in becoming a coach** (2 day course) **or a parent leader** (1 day course) – then please contact Charlotte – email cfisher1@somerset.gov.uk

IMPORTANT - SAFETY & WELFARE

Issue 1: In June there were some incidents involving footballers making inappropriate comments to our athletes. These incidents have been reported to the sports centre & the community police & the situation is being monitored. If you witness any such behaviour please report it straight away to the sports centre and to one of our coaches/club officers.

Issue 2: We are trying to educate the footballers not to kick the balls over the fence. If returning them- Please do so without kicking them. Or leave the ball.

Issue 2: Track Safety. With more athletes than ever using the facilities it is important that all users (athletes, coaches & spectators) are vigilant about use of the track.

Lanes 1 & 2 should be kept clear for endurance athletes. Lanes 3 to 6 should be kept clear for sprints and hurdles. Hurdles should take place in the outside lanes (5 & 6) and where possible should take place on the back straight. Wheelchair athletes should use Lane 1.

However when it is necessary for hurdles to be practised on the home straight then they should be positioned on the finishing 50 metres of the straight to keep the top half free for sprints.