

July, 2010

Further, Faster, Higher

"You have to expect things of yourselves before you can do them."
Michael Jordan (basketballer)

An unprecedented 11 members of the club have been selected to represent Somerset at the prestigious English Schools Track & Field Championships. In fact 14 athletes from the Taunton area have been selected and two of the three non-members are coached at the club. Given that only 25 athletes are selected from across the county this is a superb achievement for the club and the individuals involved. Several of those going, have a very real chance of making it to the rostrum.

Many past English Schools Champions have gone on to become Olympians which gives you some indication of the talent we have at the club. **Well done to the following athletes who have been selected** and to the **TAC coaching team**.

Juniors

Charlie Granville – Javelin (UK ranking – 5th)
Ronnie Wells – 100m (UK ranking – 2nd)
Josie Loxton – Javelin (UK ranking – 5th)
Katie Cross – Discus (UK ranking – 11th)

Intermediates

Robin Danaher – Javelin (UK ranking – 2nd)
Blair Brown – 1500m Steeplechase (UK ranking – 2nd)
Hayden Tyler – Shot (UK ranking – 19th)
Evie Grogan – High Jump (UK ranking – 4th)

Senior

Charlie Maclean – 2k Steeplechase (UK ranking – 1st)
Catherine Blew – 1500m (UK ranking – 9th)
Plus Non-members coached at TAC – Izzy Jeffs (Jav) & Louis Ubaka (100m)
And a late call up for multi eventer Harry Hall to step into the Inter Boys 800m



Evie Grogan leaps to new heights
PB 1m70 – currently ranked 4th in the UK

SNIPPETTS



CONGRATULATIONS
Naomi Taschimowitz (U23)
Winner of the 5k at the recent
England Championships.

SPRINTS SESSION
Centre of Excellence
Coaching Workshop

Chris Millard (Level 3) Sprints
Coach & World Masters silver
medallist will be running a
workshop for **athletes** and
coaches on starts on
Tuesday 13th July

Please note the earlier time of
6.15pm at Castle.

For further info contact CF

And well done to Ross
Stephenson who finished 2nd
in the 200m at the ATC Air
Cadet National Athletics
Champs last month.

RECORD BREAKERS
At the South West Schools
last month **Blair Brown &**
Catherine Blew broke
regional records which had
stood for 22 years!

A date for the diary

Presentation evening and club social will take place on **Friday 10th September** at the Queens Conference Centre in Taunton.

CONGRATULATIONS

Our **multi-talented, combined eventers**. **Ben Thompson** (senior boys decathlon) and **Harry Hall** (Inter boys – octathlon) were both part of the winning four man Somerset teams at the South West Champs. Both now go through to the **national finals** in September. Harry also finished 3rd overall in the individual.